

# SCHOOL PROGRAM GUIDE 2018



We're so glad you're interested in bringing your students to IAWAH for a school program.

Follow these simple steps to book an event for your group:

Season	Activities	Dates
Winter	Indoor Climbing, Archery, Team Challenge, Low Ropes	February 19 - 24, 2018
Spring	All Activities	June 4 – 22, 2018
Fall	Indoor Climbing, Archery, Team Challenge, Low Ropes	September 10 – November 23, 2018

- Choose your program length for either **Single Day or Two-Day Programs**. If you would like to stay for more than two days, please call the office and we will work with you to design a program specific to your requirements and goals.
- Select your requested activities See "Choosing Your Activities" for details.
- Contact the IAWAH Schools Team with your requests

## CHOOSING YOUR ACTIVITIES

- a) **Determine number of groups of students:** enter number of students and divide by 12. IAWAH Schools Programs operate with a maximum 1:12 ratio of IAWAH leaders to students.

$$\underline{\hspace{2cm}} \div 12 = \underline{\hspace{2cm}}$$

Number of students

Number of groups

- b) Choose number of activities--to a maximum of the number of groups.

*TIP: Choose fewer IAWAH-led activities to run your own programming during the open timeslots*

- c) Select your requested activities

### FOR EXAMPLE ...

*You have 40 students creating four groups of 10 students. IAWAH will provide four leaders. You may select up to 4 IAWAH-led activities or opt to run some of your own. If selecting the short-day program--with only 3 hours of IAWAH programming available—you may still choose up to 4 activities. However, not every student will have the opportunity to participate in ALL 4 activities, but rather 3 out of the 4*



SINGLE DAY PROGRAM OPTIONS		
EXTENDED PROGRAM	STANDARD PROGRAM	
	SHORT PROGRAM	
	10:00a	Arrival / Icebreakers
	10:30a	Activity 1
	11:30a	Activity 2
	12:30p	Lunch / Tuck Shop Open
	1:30p	Activity 3
	2:30p	Activity 4 (Departure time for Short Program)
	3:30p	Activity 5
	4:30p	Activity 6 (Departure time for Standard Program)
5:30p	Supper	
6:30p	Tuck	
7:00p	Campfire or Wide Game	
8:00p	Departure Time for Extended Program	

*ACTIVITIES AT A GLANCE ...*

- Ice Breakers
- Archery
- Fire Building
- Shelter Building
- Orienteering
- Pond Study
- Canoeing (2hr)
- Indoor Climbing Wall
- Survival Game
- Low Ropes
- Team Challenge
- Archery Game
- Swimming & Water Games
- Wide Games
- Evening Campfire

TWO-DAY PROGRAM OPTIONS		
EXTENDED TWO-DAY PROGRAM / 3 HOURS EXTRA OF ACTIVITIES	STANDARD TWO-DAY PROGRAM / DEPART AFTER LUNCH	
	DAY ONE	
	10:00a	Arrival / Icebreakers
	10:30a	Activity 1
	11:30a	Activity 2
	12:30p	Lunch
	1:30p	Water Games / Canoe - 2 Hours
	2:30p	
	3:30p	Activity 3
	4:30p	Activity 4
	5:30p	Supper
	6:30p	Tuck
	7:00p	Wide Game
	8:00p	Campfire
	9:00p	Snack
	9:30p	Bed
	10:00p	Lights Out
	DAY TWO	
	7:30a	Up
	8:30a	Breakfast
9:30a		
10:30a	Team Building - 3 Hours	
11:30a		
12:30p	Lunch	
1:30p	Activity 1	
2:30p	Activity 2	



# EXPERIENTIAL EDUCATION ACTIVITY OPTIONS

## **ICE BREAKERS**

*Recommended for all ages*

IAWAH provides icebreakers to all groups at no extra cost. Start your camp experience with crazy get-to-know-you games, designed to introduce the staff and let off some steam after a long trip. This activity is offered at no charge to all school groups. 30 minutes.

## **ARCHERY**

*Recommended for grades 7 & up*

Students learn about archery equipment, technique and safety guidelines prior to target shooting in the indoor or outdoor archery range. IAWAH offers the use of compound and Olympic recurve bows. 1 hr.

## **FIRE BUILDING**

*Recommended for grades 5 & up*

Students work in small groups to design their own pit and build a fire. Technique and safety precautions in choosing a campfire location are covered as well different fire building styles. A great activity for all seasons! 1 hr.

## **SHELTER BUILDING**

*Recommended for grade 2 & up*

Whatever the season, whether snowy, wet or dry, participants can learn how to construct a usable shelter with minimal supplies and resources. This activity involves creative thinking and group cooperation. 1 hr.

## **ORIENTEERING**

*Recommended for grade 6 & up*

Orienteering is a recognized sport that uses a compass and map to navigate through a series of checkpoints. Participants learn the parts of a compass, how to take bearings and read a map, along with other

related skills. IAWAH's orienteering courses offer a range of challenges for varying skill levels.

## **POND STUDY**

*Recommended for grades 2 & up*

Students look at the complex relationships between animals and their environment and the diversity found in a pond ecosystem. Discover life forms of all shapes and sizes—aquatic macro-invertebrates, reptiles, birds, amphibians and mammals. This hands-on experience is sure to bring science to life.

## **CANOEING (2 HOUR ACTIVITY)**

*Recommended for grades 4 & up*

Offered late spring and early fall, this program provides basic instruction in flat water canoeing skills. Participants will learn small craft safety, equipment use, and paddling techniques through interactive games and while exploring a portion of Wolfe Lake. Groups may be assigned either 25-foot voyageur canoes or traditional 17-foot tandem canoes. Keep your eyes open as sightings of loons, turtles and other wildlife are common. All participants must take the OPHEA required swim test before being allowed to go canoeing.

## **INDOOR CLIMBING WALL**

*Recommended for JK to Grade 12*

IAWAH's 121 m (1300 ft) square-foot indoor wall has eight faces with climbs and bouldering routes ranging from beginner to advanced. Rock holds of varying sizes and textures allow participants to use different climbing and bouldering techniques. Overhangs, inclines, and micro holds make the climbing wall an excellent choice for participants of all ages and abilities.



## EXPERIENTIAL EDUCATION ACTIVITY OPTIONS ... CONT'D

### **SURVIVAL GAME**

*Recommended for grades 4 & up*

In this engaging outdoor predator-prey game, students role-play as herbivores, omnivores and carnivores. The game is played over a large area and participants learn what it takes to survive as an animal in the wild. Students leave with an improved understanding of the diverse interactions within ecosystems including the impact of natural forces and human activity on animal populations.

### **LOW ROPES**

*Recommended for grades 4 & up*

IAWAH's newly designed low ropes course is in a beautiful forest setting where 21 elements will challenge your group to work as a team as they learn grow together. Each of the three areas of 7 elements, are designed to move through group through progressively increasing levels of difficulty, all facilitated by our trained staff to help gain the most from this unique team building experience.

### **TEAM CHALLENGE (3-HOUR ACTIVITY FOR UP TO 72 STUDENTS)**

*Recommended for grades 5 & up*

An excellent way to build your team through a series of well-constructed challenges; this 3-hour program is specifically designed by our trained facilitation team depending on your group's needs, focus and dynamics. Team Challenge consists of strategically designed problems presented sequentially, beginning with the entire group. As the challenge level increases, the group is divided into smaller teams where problem solving activities such as Crossing the Mule, The Spiral or the Giant Wall are options. This session also includes IAWAH's newly designed low ropes area, where 21 challenges are available to keep the group learning through experience. Guarding one another's safety is a key component in the process.

Whatever the dynamics or desired focus, IAWAH's facilitators can design and lead a Team Challenge program that is right for you—rain or shine!

## WINTER OPTIONS

Broomball, hockey and skating are all available (Weather permitting). Participants are expected to bring their own skates, sticks for hockey and skating. IAWAH does provide equipment for broomball, but groups are responsible for bringing their own safety equipment such as helmets and pads. Use of ice surfaces is at the risk of the group.



## CAMP FUN ACTIVITY OPTIONS

### **ARCHERY GAME**

*Recommended for grades 7 & up*

Not your regular archery session! Challenge another team in this exciting take on paintball, but without the pain and mess! Shoot out targets to win the game while avoiding being hit by the other team. This game is a fun, and very safe activity that encourages skills development through friendly competition.

### **SWIMMING AND WATER GAMES**

*Recommended for JK & up*

Log rolling, greased watermelon and other fun supervised water games as well as some free swim time is provided. Enjoy a dip in refreshing Wolfe Lake after an action-packed day, or just hangout on the beach building

castles! OPHEA required swim tests are done before any students are allowed to participate in any water activity.

### **WIDE GAMES**

*Recommended for grades 3 & up*

Get a taste of classic summer camp large group games like Capture the Flag, Monkey Heads, or Brog. Organized and run by our trained and sometimes crazy, IAWAH staff.

### **EVENING CAMPFIRE**

*Recommended for all ages*

Enjoy sitting by a warm fire, singing silly camp songs and acting out crazy skits, lead by IAWAH's awesome staff. As an option, your snack can be served by the fire.

## PRICING

Rates are based on stay length and amount of IAWAH programming. Charges are per student; adult supervisors are charged only for the cost of IAWAH-provided meals.

Ontario's 13% Harmonized Sales Tax (HST) is included in all costs. Costs are subject to change without notice.

Day Use, per calendar day - \$20/student

Activities - \$5/student/hour

### **Meals**

Breakfast - \$10

Lunch - \$10

Supper - \$12

Snack - \$3

For an official quote, review this guide and then contact the Registrar at IAWAH with the estimated number of students, and activities of interest at [info@iawah.com](mailto:info@iawah.com).

