

# SPRING SCHOOL PROGRAM GUIDE



June 3 - 21, 2019

We're so glad you're interested in bringing your students to IAWAH for a school program this Spring!



Follow these simple steps to book an event for your group:

- Read through this program guide for information regarding program length and activities.
- Choose your program length - **Single Day (Short, standard or extended) or Two-Day Program (Standard or extended)**. *If you would like to stay for more than two days, please let our office know and we will work with you to design a program tailored to your requirements and goals.*
- Contact the IAWAH Schools Team with your inquiry  
*Please give details regarding date preferences and group size when contacting our office.*

***Because space is in high demand, we work on a first come, first serve basis. Your booking will not be secured until we have received back a signed contract. Without this contract, your place may be forfeited to another group.***

If your school is interested in Fall or Winter programming, please contact our office for more information

Email: [registrar@iawah.com](mailto:registrar@iawah.com)

Phone: P. 613.273.5621 Ext. 101

## ACTIVITIES AT A GLANCE ...

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Ice Breakers     | <input type="checkbox"/> Pond Study           | <input type="checkbox"/> Team Challenge               |
| <input type="checkbox"/> Archery          | <input type="checkbox"/> Canoeing (2hr)       | <input type="checkbox"/> Archery Game                 |
| <input type="checkbox"/> Fire Building    | <input type="checkbox"/> Indoor Climbing Wall | <input type="checkbox"/> Swimming & Water Games (2hr) |
| <input type="checkbox"/> Shelter Building | <input type="checkbox"/> Survival Game        | <input type="checkbox"/> Wide Games                   |
| <input type="checkbox"/> Orienteering     | <input type="checkbox"/> Low Ropes            | <input type="checkbox"/> Evening Campfire             |



## SINGLE DAY PROGRAM OPTIONS

EXTENDED PROGRAM	STANDARD PROGRAM	SHORT PROGRAM	
		10:00a	Arrival/Icebreakers
		10:30a	Activity 1
		11:30a	Activity 2
		12:30p	Lunch
		1:30p	Activity 3
	2:30p	Activity 4 (Departure for Short Program)	
	3:30p	Activity 5	
	4:30p	Activity 6 (Departure for Standard Program)	
	5:30p	Supper	
	6:30p	Tuck	
	7:30p	Campfire or Wide Game	
8:00p	Departure Time for Extended Program		



## TWO-DAY PROGRAM OPTIONS

EXTENDED TWO-DAY PROGRAM	STANDARD TWO-DAY PROGRAM	Day 1	
		10:00a	Arrival/ Icebreakers
		10:30a	Activity 1
		11:30a	Activity 2
		12:30p	Lunch
		1:30p	Water Games/ Swim (2hr)
	2:30p		
	3:30p	Activity 3	
	4:30p	Activity 4	
	5:30p	Supper	
	6:30p	Tuck	
	7:00p	Wide Game	
8:00p	Campfire		
9:00p	Snack		
10:00p	Lights Out		
Day 2			
8:30a	Breakfast		
9:30a	Team Challenge (3hr)		
10:30a			
11:30a			
12:30p	Lunch		
1:30p	Activity 1 (Departure time for standard 2-day program)		
2:30p	Activity 2		
3:30p	Activity 3		
4:30p	Pack up		
5:00p	Departure Time for Extended (2-day Program)		



## EXPERIENTIAL EDUCATION ACTIVITY OPTIONS

### ICE BREAKERS

IAWAH provides icebreakers to all groups at no extra cost. Start your camp experience with crazy get-to-know-you games, designed to introduce the staff and let off some steam after a long trip.

### ARCHERY

*Recommended for grades 4 & up*

Students learn about archery equipment, technique and safety guidelines prior to target shooting in the indoor or outdoor archery range. IAWAH offers the use of compound and Olympic recurve bows.

### FIRE BUILDING

Students work in small groups to design their own pit and build a fire. Technique and safety precautions in choosing a campfire location are covered as well different fire building styles. A great activity for all seasons!

### SHELTER BUILDING

Whatever the weather, wet or dry, participants can learn how to construct a usable shelter with minimal supplies and resources. This activity involves creative thinking and group cooperation.



### ORIENTEERING

*Recommended for grade 4 & up*

Orienteering is a recognized sport that uses a compass and map to navigate through a series of checkpoints. Participants learn the parts of a compass, how to take bearings and read a map, along with other related skills. IAWAH's orienteering courses offer a range of challenges for varying skill levels.

### POND STUDY

Students look at the complex relationships between animals and their environment and the diversity found in a pond ecosystem. Discover life forms of all shapes and sizes— aquatic macro-invertebrates, reptiles, birds, amphibians and mammals. This hands-on experience is sure to bring science to life.

### CANOEING (2 HOUR ACTIVITY)

*Recommended for grades 4 & up*

This program provides basic instruction in flat-water canoeing skills. Participants will learn small-craft safety, equipment use, and paddling techniques through interactive games and while exploring a portion of Wolfe Lake. Groups may be assigned either 7.9m (26 ft) voyageur canoes or traditional 5.2m (17 ft) tandem canoes. Keep your eyes open as sightings of loons, turtles and other wildlife are common. All participants must take the OPHEA required swim test before being allowed to go canoeing.

### INDOOR CLIMBING WALL

IAWAH's 121 m<sup>2</sup> (1300 ft<sup>2</sup>) indoor wall has eight faces with climbs and bouldering routes ranging from beginner to advanced. Rock holds of varying sizes and textures allow participants to use different climbing and bouldering techniques. Overhangs, inclines, and micro-holds make the climbing wall an excellent choice for participants of all ages and abilities.

## EXPERIENTIAL EDUCATION ACTIVITY OPTIONS ... CONT'D

### **SURVIVAL GAME**

*Recommended for grades 4 & up*

In this engaging outdoor predator-prey game, students role-play as herbivores, omnivores and carnivores. The game is played over a large area and participants learn what it takes to survive as an animal in the wild. Students leave with an improved understanding of the diverse interactions within ecosystems including the impact of natural forces and human activity on animal populations.

### **LOW ROPES**

*Recommended for grades 4 & up*

IAWAH's newly designed low ropes course is in a beautiful forest setting where 21 elements will challenge your group to work as a team as they learn grow together. Each of the three areas of 7 elements, are designed to move your group through progressively increasing levels of difficulty, all facilitated by our trained staff to help gain the most from this unique team building experience.

### **TEAM CHALLENGE**

#### **(3-HOUR ACTIVITY FOR UP TO 72 STUDENTS)**

*Recommended for grades 4 & up*

An excellent way to build your team through a series of well-constructed challenges; this 3-hour program is specifically designed by our trained facilitation team depending on your group's needs, focus and dynamics. Team Challenge consists of strategically designed problems presented sequentially, beginning with the entire group. As the challenge level increases, the group is divided into smaller teams where problem solving activities such as Crossing the Mule or the Giant Wall are options. This session also includes IAWAH's newly designed low ropes area, where 21 challenges are available to keep the group learning through experience. Guarding one another's safety is a key component in the process.

Whatever the dynamics or desired focus, IAWAH's facilitators can design and lead a Team Challenge program that is right for you—rain or shine!



## FUN CAMP ACTIVITY OPTIONS

### ARCHERY GAME

*Recommended for grades 7 & up*

Not your regular archery session!

Challenge another team in this exciting take on paintball, but without the pain and mess! Shoot out targets to win the game while avoiding being hit by the other team. This game is a fun, and very safe activity that encourages skills development through friendly competition.

### SWIMMING & WATER GAMES

Log rolling, greased watermelon and other fun supervised water games as well as some free swim time is provided. Enjoy a dip in refreshing Wolfe Lake after an action-packed day, or just hangout on the beach building castles! OPHEA-required swim tests are done before any students are allowed to participate in any water activity.



### WIDE GAMES

Get a taste of classic summer camp large group games like Capture the Flag, Monkey Heads, or Brog. Organized and run by our trained and sometimes crazy, IAWAH staff.

### EVENING CAMPFIRE

Enjoy sitting by a warm fire, singing silly camp songs and acting out crazy skits, led by IAWAH's awesome staff. As an option, your snack can be served by the fire.

## PRICING

Rates are based on stay length and amount of IAWAH programming. Charges are per student; adult supervisors are charged only for the cost of IAWAH-provided meals.

Ontario's 13% Harmonized Sales Tax (HST) is included in all costs. Costs are subject to change without notice.

*Day Use,  
(per calendar day)  
=  
\$20/student*

*Activities,  
(per hour)  
=  
\$5/student*

*Meals  
Breakfast - \$10  
Lunch - \$12  
Supper - \$12  
Snack - \$3*

*\* Per student*

