

YOUTH DEVELOPMENT AND LEADERSHIP PROGRAMS

### **HELLO & WELCOME**

Youth Development and Leadership Program (YDLP) at IAWAH guides youth on a journey toward becoming great people; centered in Christ and grounded in His truth. In these challenging programs, participants can expect to explore topics in:

- work habits and skills
- community life
- personal character development
- spiritual formation.

Participants generally begin at the end of Grade 8 with RISE and continue through CREW and ROOTs in subsequent summers. Year four of YDLP offers a cross-cultural experience called REACH--where participants continue to enhance their leadership skills.

While the programs build on each other, there are no program completion prerequisites.



# Programs Offered

RISE | Age 13-14 | Completed Gr. 8

CREW | Age 14-15 | Completed Gr. 9

ROOTS | Age 15-16 | Completed Gr. 10

REACH | Age 16-22 | Entering Gr. 12

**Application Process** 

**Guidelines for YDLP Participants** 

# RISE GROWTH THROUGH EXPERIENCE

Completed Grade 8 | Age 13-14

RISE is a fun introduction to 'how camp works.' Through engaging, practical experiences participants enjoy all the great activities of camp, while also planning and leading some camp programs and experiencing leadership through serving alongside our Jumpstart leaders. RISE participants come away with a better understanding of who they are and how their uniqueness is an asset to the team.

Maximum Capacity

16 participants per

session.

2-week Program

July: 14-27, 2024

August: 11-24, 2024

# RISE DETAILS

WHAT TO EXPECT

A DAY IN THE LIFE

**LEADERSHIP TRAINING** 

**FAITH-BASED DISCUSSION** 

FUN

**CRITERIA** 





### WHAT TO EXPECT

- All the fun of summer camp
- A small group of youth that you get to know really well
- Learn about program and event creation through hands-on experiences
- Amazing team challenges
- Opportunity to serve alongside our jumpstart leaders, learning learning practical leadership skills



MORNING		AFTERNOON	EVENING	
Polar Dip		Lunch	Supper	
Breakfast		Rest Hour	Program/Swim Time	
Activity Choice 1		Jump Start Shadowing <i>or</i> Activity Shadowing	Program Cleanup	
Activity Choice 2		Jump Start Shadowing <i>or</i> Program: prep	Campfire/Bible Study	
Cabin Activity Period		Session: Activity Shadowing	The River & Snack	
Jump Start Shadowing	Activity Area Shadowing		Lights out	



# LEADERSHIP TRAINING

RISE participants experience an introduction to how camp works. Participants develop new skills through practical experience by learning how to design and run a program, experience cabin leading while shadowing one of our Jump Start camp leaders, and run an exciting evening activity.

TOPICS EXPLORED

Time management

Group dynamics

Ages and stages of development

Project planning, execution, and review



# FAITH-BASED DISCUSSION

RISE participants attend the summer camp PrimeTime program and then, together with their leaders, they dive a bit deeper into the topics discussed..





### **ALL THE FUN!**

- Sign-up daily for camp activities or for a focus program (2 hours) like Ski & Board or Cake Baking.
- Rise exclusive games and programs
- Two weeks of cabin life.
- A unique weekend camping experience



### **CRITERIA**

A desire to learn about camp in a team environment. The program is ideal for mature young people willing to live in community and are open to exploring their leadership potential through experiences in the daily workings of camp life. Participants can expect to go deeper in Biblical studies as they learn together.

### **CREW GROWTH THROUGH SERVICE**

Completed Grade 9 | Age 14-15

CREW plants God's truth and establishes a good work ethic in youth that will serve them well as they grow. Youth in CREW learn life skills through activities, work shifts, study, and hands-on experiences. By learning how to work as a team, they develop skills in: teamwork, perseverance, conflict management, problem-solving, and resilience.

**Maximum Capacity** 

14 participants per session

**Volunteer Hours** 

**72** 

**2024 DATES** 

**3-week Program** 

**CREW 1** | July 7-27

**CREW 2** | July 21-Aug. 10

**CREW 3 | Aug. 4-24** 





## WHAT TO EXPECT

- Heaps of fun while learning to be a good worker
- Building lifelong friendships
- A summer program you'll never forget
- Stepping outside your comfort zone on the canoeing or hiking trip.
- Learning to lead a team of peers





### LEADERSHIP TRAINING

The CREW program was established in the late '90s and has been going strong ever since. Throughout the years the program has been tweaked and refined. Hard and soft skill teaching has been defined more clearly and participants have been able to use their skills learned in CREW in their future jobs and life experiences.

#### **TOPICS EXPLORED**

Time management Health and safety WHMIS Consistency
Safe food handling
Team leading



# FAITH-BASED DISCUSSION

CREW provides foundations for Godly character and personal discovery of scripture, it is the ideal place to begin to develop yourself as a future leader.



### **ALL THE FUN!**



**CREW** isn't all work! Participants look forward to evening events, exclusive time spent at the ski & board dock, daily swims, and CREW only climbing times on the indoor wall. The Canoe trip or Hiking trip are highlights as well.



# **CRITERIA**

A desire to develop healthy work habits; willingness to work and live in a Christian community; a desire to form Godly character; willingness to engage God's Truth and experience biblical teaching.

ROOTS BUILDING PERSONAL CHARACTER

Completed Grade 10 | Age 15-16

ROOTs cultivates and builds personal character. Participants can choose from a number of focuses: Altitude (Hiking), Voyageur (Glamping), Vélo (Bike Packing) and Wild (Canoeing). Participants grow their character through personal/team challenges, and opportunities to practice and serve children/youth through organizing and running the IAWAH day camp. Regardless of the focus chosen, participants will receive the same Scripture-based curriculum and will put into practice what they learn in the context of their chosen area.



### FOUR DISTINCT STREAMS

#### **ROOTs River** (max. 8 participants)

ROOTs River takes participants on an incredible journey in single seat sea kayaks. Over the course of the trip, the group will explore flatwater rivers and enjoy camping in some of the most picturesque places in Eastern Ontario.

#### **ROOTs Wild** (max. 12 participants)

For those that love the outdoors and a more challenging canoe trip, the team will venture out for 9 days. An extended lake/river trip provides the water conditions necessary for learning the right foundations for participants to consider becoming trip guides in the IAWAH context or elsewhere. The wilderness provides a natural structure and rhythm in which to learn.

#### ROOTs Altitude (max. 12 participants)

We begin with a few days of preparation and skills development before heading on an exciting outdoor adventure in the Adirondacks, NY. Participants will plan their own route, and learn essential camping, hiking, and mountaineering skills such as map reading and trip leading. ROOTs Altitude is an excellent introduction and foundation for those interested in leadership though experiential and outdoor education for teaching camp activities.

#### ROOTS Vélo (max. 6 participants)

What's bikepacking you ask? Think of a hiking trip, but instead of carrying the weight on your back, the gear is distributed on your bike. (IAWAH provides bikes and gear)

For those that love riding rail trails and backcountry roads, ROOTs Vélo is for you. Beginning with preparation at camp, participants will travel as a small group, and experience the outdoors, with a view from behind the handlebars. Camping along the way, Vélo participants will establish daily rhythms and learn to tackle challenges as a bikepacking team. Days will involve 4-5 hours of pedaling with lots of stops along the way.





### WHAT TO EXPECT

- All participants begin together and learn foundational truths in scripture through experiential based teaching and group study.
- Building lifelong friendships
- A summer of leadership training you'll never forget
- Stepping outside your comfort zone to design and run a day camp
- Learning to lead a team of peers



MORNING	AFTERNOON	EVENING	
Morning Swim/Run/Bike	Lunch	Supper	
Breakfast	Think: What is Truth? Living in a post-truth world	Girls' Night	Boys' Night
Lesson: Worldview, What is the problem?	Trip: Skills Training		
Solitude	Free time / Swim / Activities	River & Snack	
Communication and Conflict Resolution		Lights Out	
Hike/Activity	One on Ones		



## LEADERSHIP TRAINING

The ROOTS program is a well established, in fact it has been going so long our participants have parents who attended it. Throughout the years the program has transformed to better reflect the needs of today's youth.

#### **TOPICS EXPLORED**

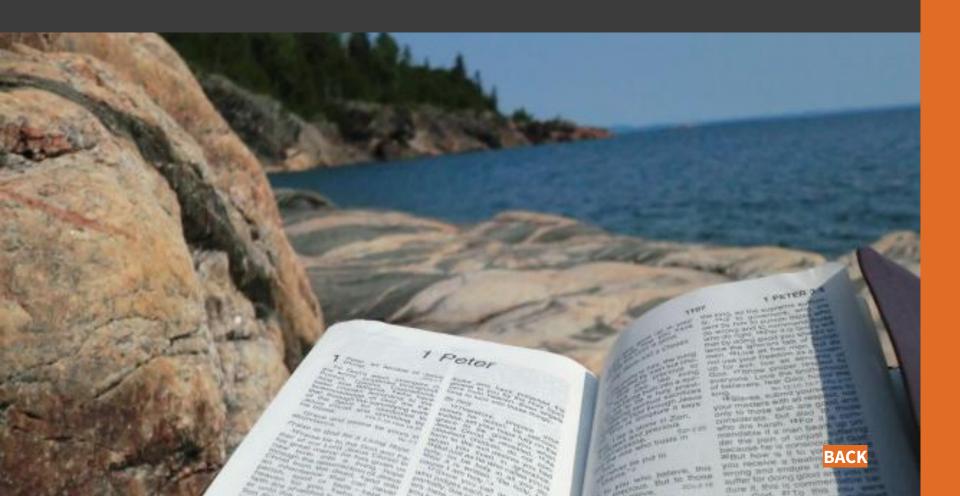
Group dynamics
Project planning
Leading leaders

Leadership styles Team Dynamics



### FAITH-BASED DISCUSSION

ROOTs provides foundations for Godly character. Participants actively engage in discussion about God's truths and how it relates to them and their community.



### **ALL THE FUN!**

ROOTs is a very active, experience lead program. Participants look forward to physical challenges, team building activities, and time spent in smaller groups on their trips. The ROOTs vs. Staff IAWAH-ball game is always a highlight too.

#### **Special Opportunity Post-ROOTs**

Participants will have the opportunity to apply to stay on as "Staff in Training", and work on a project at camp. Only a few spots are available each week. You will be supervised by a member of our YDLP team, work during the day (volunteer hours counted) and participate in staff meetings and staff activities.



### **CRITERIA**

- Desire to serve in Christian community with a focus toward working with children
- Desire for spiritual maturity being willing to engage God's Truth and experience biblical teaching
- Willingness to develop skills and abilities in a variety of areas.
- Willingness to be challenged spiritually, socially, intellectually and physically.



### REACH EXPANDING HORIZONS

Completed Grade 11 Ages 16-22

**REACH** enhances leadership skills in a cross-cultural context. Participants will further increase their understanding of service while working in partnership with ministries in Colombia and missionaries of Latin America Missions Canada (LAMCAN). The group will join local ministry staff and Colombian youth, as we develop and run a camp and assist in their programs. The experience will challenge participants holistically, through experiencing a new culture, camping and hiking, leading through camping ministry and serving in partnership with Colombian youth of the same age. We finish off our time in learning how God is working in the city of Barranquilla through visiting and participating in various strategic ministries to Venezuelan refugees.

**Maximum Capacity** 

Latin America

**6 participants** 

**2024 DATES** 

**3-week Program** 

REACH Latin America
July 3-24, 2024

### TWO DISTINCT STREAMS

In Latin America, the group will join the local staff and church, as we prepare and assist in their programs. During our second week, we will take on a physical challenge through an incredible mountain hike. We finish off our time in learning how God is working in the cities through visiting and participating in various strategic ministries to students and the most vulnerable.

In Canada, we will be partnering with Bethel Church Kingston to provide a more successful experience for all. The team will head to Constance Lake where we will spend time getting to know the community, learning through listening and preparing for some time of service alongside community leaders. After this, the team will travel to the shores of Lake Superior National Park for some canoe tripping and/or hiking and exploring culturally and historically significant First Nation sites.





### WHAT TO EXPECT

REACH is a program like no other. It will challenge your worldview and give you a better understanding of what it means to be a follower of Christ in a global, multicultural setting. We all have gifts to share and things to learn. Reach offers those opportunities of growth through community immersion.

As a group, we will go through the book "When Helping Hurts", studying the roots of poverty and what our response should be.

You will be challenged. You will grow holistically, and you'll want to go back!





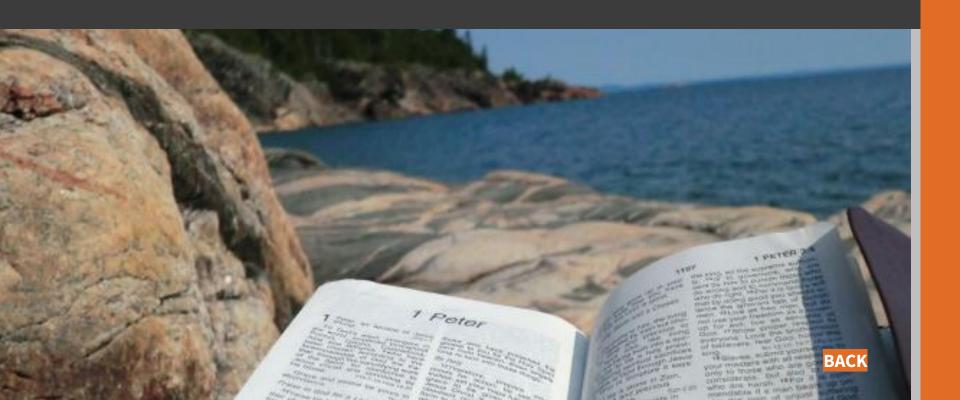
## **LEADERSHIP TRAINING**

The REACH program gives participants a chance to experience different cultures through immersion. Working directly with peers from Colombia, the shared experience teaching all participants to take their leadership skills to the next level.



### FAITH-BASED DISCUSSION

REACH provides foundations for Godly character to be stretched.. Participants actively engage in discussion about God's truths and how it relates to them and their global community. They are given the opportunity to share the gospel with the communities they are a part of.



### **ALL THE FUN!**

- An international experience such as this provides the opportunity for a incredible lifetime experience.
- Participants will be challenged emotionally, physically, spiritually, and mentally.
- Experience new cultures and view the world through a different lens.
- Make friendships that will stand the test of time.
- Explore new places from the safety of a carefully selected group of participants and leaders.

### **CRITERIA**

- Completed grade 11 / entering grade 12 and a min. age of 16 years old.
- Be in good physical and mental health to take on the demands of this program.
- Must have international medical insurance that includes emergency evacuation.
- Must be up to date on routine vaccinations
- A passport that does not expire within 6 months of the last date of the program.
- Must sign the waiver form.
- Spanish Language training is not required. The camp we will run alongside our Colombian counterparts will be in an English immersion program.

Completion of CREW or ROOTs is <u>not</u> a requirement. Participation in the program is not a requirement to work as staff at IAWAH. You may work as staff for part of the summer and still participate in Reach.

### **APPLICATION PROCESS**

**RISE** Registrations are accepted on a first come first serve basis.

<u>CREW</u> Each CREW applicant will be screened for suitability for the program and processed by date received.

This may include contacting reference(s) provided. We cannot guarantee your first choice for either session or trips, but always do our best to meet those requests.

ROOTs Applications will be processed by date received. Each ROOTs applicant will be screened for suitability and may include contacting references listed. If selected, you will receive and email requesting an interview conducted through Google Meets or Zoom.

**REACH** Submit the completed application. Applications will be processed in order of date received. More info on the program and process will be provided from there.

### **GUIDELINES FOR YDLP PARTICIPANTS**

Understanding that there is a time to set aside certain things in our lives for the purposes of learning, growing and experiencing different things, IAWAH expects that participants, while enrolled, will: participate in healthy, God-honouring relationships;

- set aside starting "to date" while participating in an IAWAH program;
- adhere to IAWAH standards on tech use. For all campers including Crew and Roots - IAWAH is a NO CELL PHONE zone;
- avoid situations and circumstances that compromise integrity;
- present themselves in a manner that respects and values themselves and the rest of the community;
- be law-abiding citizens, including abstinence from alcohol, marijuana, illegal and non-prescription drugs and substances;
- fully participate, respect curfew, be punctual, value the privacy and dignity of others;
- abide by rules that may be implemented during the Program—there will be situations and circumstances where specific rules may be implemented.

